

## Supply List: Drawing and Painting the Portrait

Alison Landry

**You may choose to either draw or paint and may work in the medium of your choice.** Here are my recommendations for charcoal and oils, which are the media I will be using during this class. Feel free to bring the supplies that you already have.

### Drawing:

#### Paper

- **White charcoal paper pad** (recommended: Strathmore 300 series, 12x18 or 18x24)

#### Charcoal

- **Nitram soft charcoal sticks :**  
<https://www.dickblick.com/items/22657-1009/> **OR**  
<https://www.dickblick.com/products/nitram-starter-pack/>
- **Generals Charcoal pencils:** hard (HB) and medium (B)  
<https://www.dickblick.com/items/20418-2030/>  
<https://www.dickblick.com/items/20418-2021/>

#### Eraser

- **Kneaded eraser** (recommended brand: Prismacolor)

#### Brush (optional)

- **Hog bristle brush**, size 6, filbert, only to be used for charcoal  
ex: <https://www.dickblick.com/products/winsor-newton-winton-hog-bristle-brushes/>

#### Pencil sharpener

#### Sandpaper block (for sharpening charcoal sticks)

#### A few paper towels

#### Sketchbook and pencil- for composition studies, quick sketches, and notetaking

### Painting:

If you are new to oils you are welcome to start with a limited palette of white, black, raw or burnt umber, cadmium red, and cadmium yellow (the first 5 paints on the list). If you already have oil painting supplies, there is no need to buy everything on this list. Please bring what you have to class.

#### Basic Palette of Oil Colors:

Titanium White **or** Warm White (Michael Harding)

Ivory Black  
Raw Umber  
Cadmium Yellow –*not “hue”*  
Cadmium Scarlet (Cadmium Red Light) - *not “hue”*  
Ultramarine Blue  
Alizarin Crimson  
Viridian  
Burnt Sienna or Transparent Oxide Orange (Rembrandt)

**Optional colors:**

Transparent Oxide Yellow (Rembrandt)  
Yellow Ochre Deep (Michael Harding)  
Kings Blue Light  
Permanent Mauve – Winsor & Newton  
Venetian red or Terra Rosa  
Burnt Umber  
Yellow Ochre (Rembrandt)

**Medium:** Oleogel by Natural Pigments or Gamblin solvent free gel

**Brushes**

- A variety of hog bristle brushes: Recommended “Silver Grand Prix” Filberts in sizes 0-8
  - o I like to have at least two of each size (0, 2, 4, 6)
- Synthetic Bristle Brushes: a couple small rounds or flats for detail

**Supports**

- canvases or panels, your choice of size in the range 11x14 to 18x24. I use Centurion oil-primed linen

**Palette** (I use this one with a piece of glass inside) <https://www.dickblick.com/products/masterson-sta-wet-palette-seal/>

**Glass/paint scraper for cleaning palette**

**Palette knife**

**Paper towels** – Blue shop towels from the hardware/auto parts store are the best

**Gamsol** (Odorless Mineral Spirits) and metal brush washer – No Turpentine or strong-smelling solvent is allowed in class.

**Sketchbook and pencil**- for composition studies, quick sketches, and notetaking

**Optional:**

**Small jar of oil** for cleaning your brushes (I use additive-free safflower oil from Whole Foods but vegetable oil works if it is just for cleanup)